

# **Nonlinear self-compression of near- and mid-IR high power pulses in hollow core waveguides**

## Abstract

In this work, the process of near- and mid-IR nonlinear pulse compression in hollow-core waveguides filled with gas has been investigated. The nonlinear Schrödinger equation has been solved numerically for optimal compression regimes revealing. Nonlinear self-compression in hollow-core revolver type fiber and postcompression in hollow-core capillaries with chirped mirrors has been explored. It has been shown both experimentally and theoretically, that spectrum of  $25 \mu J$  pulse centered at  $1.7 \mu m$  broadens to 130 nm in revolver fiber filled with xenon. A possibility of near-soliton  $4 \mu m$  pulse dynamics and pulse compression to 30 fs in xenon filled revolver fiber has been shown theoretically. One can expect  $1.24 \mu m$  pulse compression up to 20-25 fs (by a factor of 7-8) and threefold peak power increase with 65% of initial energy conservation (up to  $5.5 mJ$ ) in argon filled capillary with 1-5 reflections from chirped mirrors.